Do it to protect yourself.

**What is HPV?**
Human papillomavirus (HPV) is one of the most common sexually transmitted infections (STIs) in Canada. HPV infection occurs in approximately 75% of sexually active Canadians. Most individuals don’t show any signs or symptoms and can pass the virus on to others without even knowing it.

**HPV Prevention**
The most effective way to prevent HPV infection and HPV-related complications is to get immunized.

**Are You Protected Against HPV?**
Publicly-funded immunization schedules for HPV may vary between provinces and territories. Talk to your doctor, nurse, pharmacist or public health office about HPV immunization.